

2017 AWAY BAND CAMP PACKING LIST & HELPFUL HINTS

What to Pack: (Remember: Lake Ann is a Christian Camp, modesty is a must!!)

1. Shorts – No extremely short shorts
2. T-shirts and tank tops – No spaghetti straps or cami's, no inappropriate sayings or designs
3. Bathing Suit – No bikinis, girls should only bring a one piece suit or "tankini"
4. Warm clothes – jeans and a sweatshirt or jacket – it usually gets cool at night
5. A "casual-nice" outfit for the dance (i.e. shorts and a polo, casual skirt, etc.)
6. Extra clothes (don't overdo it, you have to carry your own luggage)
7. Personals – p.j.'s, underclothes, etc
8. At least 2 pairs of good white socks **per day** (minimum of 10 pairs)
9. Supportive, broken in athletic shoes
10. An extra pair of athletic shoes
11. Sandals or flip-flops (feet need time to air out after all the marching!)
12. Rain gear – raincoat or poncho (hint: pack a few \$1 ponchos that can be tossed)
13. Personal hygiene products – no glass containers
14. Beach Towel and Bath towels. Towels will be hung outside to dry; you may want several
15. Sleeping bag and pillow, or bedding for a twin bed (we are in twin-sized bunk beds)
16. Something to put dirty clothes in (can liners), 2 plastic hangers for hanging wet items
17. Spending money / debit card (for Red Canoe coffee bar/snack bar). The camp store has some clothing and souvenirs too (\$\$\$). Will need to buy own lunch on Sunday
18. Snacks (must be kept sealed containers / baggies to keep bugs and vermin away)
19. Marching supplies – **personal water bottle**, music flip folder with 8-12 windows, lyre, personal field marker, pencil, highlighters (2-3 colors), 3-ring binder with clear page protectors, hat, and sunglasses
20. Sunscreen and insect repellent (for personal use)
21. Cinch sack or small backpack to carry marching supplies, rain gear, sunscreen and insect repellent to and from rehearsals
22. Alarm clock, flash light, fan (suggestion: coordinate one box fan per cabin)
23. iPod/MP3 player, cell phone, book, for down time. Don't forget your charger and cable, earbuds/headphones, and a multi-outlet extension cord/power strip
24. Ankle and/or knee support braces, if worn/needed

HELPFUL HINTS

1. **SOCKS AND SHOES MUST BE WORN ON THE MARCHING FIELD AT ALL TIMES – NO SANDALS. Shoes and socks protect your feet from injury, sunburn and insect stings.** Don't bring brand new shoes – break them in before camp to prevent painful blisters
2. Wear sandals or flip flops during down time to air out your feet
3. Chafing is another common issue – look for anti-chafing products in the drugstore
4. **Mark your name or initials on clothing and belongings** (especially on band gear, as everyone has the same t-shirts, etc.)
5. Bring light colored clothing – dark colors absorb the heat
6. Dryer sheets in your luggage can help keep things smelling better – bugs don't like them either
7. Try to get some exercise before band camp. You are on the marching field for many hours and this could be difficult if you are too sedentary before camp
8. **EAT and DRINK** properly at camp, this is not the time for diets; you will need energy and fluids to participate. Limit pop during the day
9. Get proper rest. You will be tired from marching and wakeup call is early. Do not socialize in your cabin too late at night
10. Your stafferones are there for you - ask them for advice first
11. Attitude + Respect + Commitment = Success